

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9.30 - 9.45	9.30 - 9.45	9.30 - 9.45	9.30 - 9.45	9.30 - 9.45		
THERAPEUTIC DUTIES	THERAPEUTIC DUTIES	THERAPEUTIC DUTIES	THERAPEUTIC DUTIES	THERAPEUTIC DUTIES		
10.00 - 10.15	10.00 - 10.15	10.00 - 10.15	10.00 - 10.15	10.00 - 10.15		
DAILY DIARY MEDITATION AFFIRMATION	DAILY DIARY MEDITATION AFFIRMATION	DAILY DIARY MEDITATION AFFIRMATION	DAILY DIARY MEDITATION AFFIRMATION	DAILY DIARY MEDITATION AFFIRMATION		
10.30 - 11.30	10.30 - 11.30	10.30 - 11.30	10.30 - 11.30	10.30 - 11.30	10.30 - 10.45	10.30 - 10.45
ACUPUNCTURE AND RELAXATION	ACUPUNCTURE AND RELAXATION	ACUPUNCTURE AND RELAXATION	ACUPUNCTURE AND RELAXATION	ACUPUNCTURE AND RELAXATION	DAILY DIARY MEDITATION AFFIRMATION	DAILY DIARY MEDITATION AFFIRMATION
11.45 - 1.00	11.45 - 1.00	11.45 - 1.00	11.45 - 1.00	11.45 - 1.00	11.00 - 12.00	11.00 - 12.00
COMMUNITY GROUP	GROUP THERAPY	GROUP THERAPY	GROUP THERAPY	GROUP THERAPY	LIFE STORY	C.A. H&I MEETING
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
2.15 - 3.00	2.15 - 3.00	2.15 - 3.00	2.15 - 3.00	2.15 - 3.00	1.30 - 2.15	1.30 - 2.15
PEER EVALUATION	ADDICTIVE RELATIONSHIP WORKSHOP	FUN ACTIVITY	SPLIT GROUP ASSIGNMENTS	YOGA OR WRITTEN ASSIGNMENTS	WORKSHOP ANGER	POSITIVITY GROUP
3.30 - 4.15	3.30 - 4.15		3.30 - 4.15	3.30 - 4.15	2.30 - 2.45	2.30 - 2.45
CHANGE OF GOALS	PROCESS WORKSHOP		MENS/WOMENS SPLIT GROUP ASSIGNMENTS	BODY IMAGE GROUP	WEEKEND PLANS	WEEKEND PLANS
4.30 - 5.00	4.30 - 5.15		4.30 - 5.15	4.30 - 5.15	3.30 - 6.00	3.30 - 6.00
REFLECTION TIME	VIDEO PRESENTATION		EX-PEER SHARE	GRADUATION CEREMONY	FAMILY SESSIONS	FAMILY SESSIONS
EVENING	EVENING	EVENING	EVENING	EVENING	EVENING	EVENING
12 STEP FELLOWSHIP MEETING	12 STEP FELLOWSHIP MEETING	FELLOWSHIP MEETING OR AFTERCARE GROUP	12 STEP FELLOWSHIP MEETING	12 STEP FELLOWSHIP MEETING	12 STEP FELLOWSHIP MEETING	12 STEP FELLOWSHIP MEETING